



AAR: GLOCK PROFESSIONAL MOS INSTRUCTOR WORKSHOP

BLUF: RECOMMEND

Format

Restricted to credentialed instructors | 2.5 days | 1,000 rounds | \$500 Tuition |
Held at Palm Beach Gardens Police Department (FL) classroom and indoor range.

Instructor to Student Ratio

1:6 | 5 students were LE, leaving me as the solo civilian student.

Personal Kit

- ESS Crossbow eye protection & SRS Swatcom Active8 hearing protection
- Gen5 Glock 19 COA
 - OEM except for frame stippling from Great Lakes Custom Works
- DarkStar Gear G17 length Orion AIWB holster with DCC clips
- Phlster first generation single AIWB magazine carrier with DCC clip
- EDC Belt Company Foundation series belt
- Defiant Munitions 115 grain range ammunition
- Expended 912 rounds + another 40 instructor provided frangible rounds
- ZERO STOPPAGES OR DRAMA





Training Day 1

Every day kicked off at 08:00 sharp. As instructed, students arrived for TD1 wearing their kit, an empty pistol, two empty magazines, and no ammunition. We began with paperwork, introductions, and a high level overview of the workshop. As luck would have it, our instructor “Cazz” was the same one I had for the Armorer Course (AAR: <https://www.edcpistoltraining.com/course-aar>). As for the students, we learned this was everyone’s first Glock shooting course.

Cazz started with a safety lecture whose breadth and attention to detail created a gravitas that would endure for the entire course. We covered:

- The 4 Rules, with specific “why’s” behind each one
- AD vs. ND
- The two primary causes of ND’s: Ignorance and Carelessness
- Range specific precautions
- Medivac procedures
- Weapon specific precautions
- Drill specific precautions
- Environmental precautions

Cazz then explained and demonstrated the recommended unloading procedure, followed by tasking us to perform this same procedure. When completed, Cazz enumerated 6 observed safety violations calling out 3 students who muzzle swept themselves or others during the safety check . . . and that was with just within a group of 6 students! This exercise reinforced the entire safety lecture.

Cazz then proceeded to cover numerous other classroom topics:

- Why red dot zeroing at 10 yards makes sense for large groups.
- Why he individually prefers the 12 yard zero.
- The 4 benefits of shooting with both eyes open.
- “Aiming with the eyes, confirming with the dot.”
- The Marksmanship Triad
- How many sight pictures per shot (and no it’s not two!).

From the classroom, we moved to the range where we confirmed our zero and point of impact at various distances out to 25 yards. Once we were satisfied, we proceeded with a lengthy series of red-dot centric drills: sight deviation, fully occluded lens, cracked lens, occluded dominant eye, and 4 specialized sight picture drills. We closed out TD1 working speed drills, problem solving stoppages, and a quick debrief, before leaving at 17:00.



Training Day 2

Reconvening this time at the range by 08:00, TD2 kicked off with Cazz tasking me on the spot with delivering the safety brief, followed by a Cold Start drill at 25 yards from standing, kneeling, and prone with a par time. From there we covered 7 alternate sight picture methods in the event the dot fails, techniques and drills for facing multiple targets, then strong hand only and support hand only techniques and drills, culminating in some steel challenge work.

Intermittently throughout the day, Cazz would pause to cover important talking points ranging from one liners such as “If you see the dot, take the shot” to instructor specific nuances of public speaking to achieve command presence.

We then made our way back to the classroom to review the Glock Standards, the target used, the scoring, Glock’s mandate we keep this closed source, and the fact we would make the first two of three attempts before the day was over. After the classroom session and making our first two attempts at the range, I found these standards to not only test a comprehensive range of practical skills, but also very relevant for the civilian EDC application.

As with TD1, we did a quick debrief before leaving at 17:00.





Training Day 3

Meeting at the range again by 08:00, TD3 kicked off with Cazz tasking another student with delivering the safety brief.

Knowing we had only one final attempt at the Glock Standards, Cazz devoted much of the morning's range work to polishing our techniques to increase time efficiency. By following his advice, I cut a whopping 9.4% off my total time without sacrificing accuracy.

We closed with a final debrief, class evaluations, and send off by 12:00.

Reflections

Wow! This workshop, while LE centric, was content rich with a demanding non-stop high operating tempo. Cazz brought to the table a real world tactical mindset from which he serves up constant pro tips and reminders, making the class that much more valuable. Being able to network with other instructors and share ideas and experiences only added to the experience.

The only “negative” I found is that since so much is packed into this workshop, there’s just no way to absorb it all in one experience. For this reason, I’m already planning on retaking this course next year along with another Armorer’s course to renew my credential.

As a red dot pistol instructor workshop, it’s a great value for the time and money. If you are an instructor who wants to be challenged as well as train alongside other instructors, I can’t recommend this workshop enough.

